

NAAFU

The Norwegian Asthma and Allergy Youth Association (NAAFU) is an offer for all members of the Norwegian Asthma and Allergy Association between the ages of 15 and 36. We arrange social activities, courses, webinars and workshops in addition to working with socially relevant topics. The purpose is for all young people in Norway with asthma, allergies and eczema to be able to meet others in the same situation, have fun and at the same time learn more about their own and others' ailments. NAAFU actively works with ideas regarding exciting and educational activities for everyone in the target group. NAAFU is also a great opportunity for maintaining friendships after staying at Valle Marina and/or Geilomo.

Are you between 15 -36 years old and want to know more about why you should join the youth organization NAAFU?

NAAFU can, among other things, offer:

- A possibility to meet young people from all over the country who have asthma, allergies, eczema and / or other hypersensitivity diseases -an opportunity for young people to share their experiences with others in the same situation.
- Easier to stand with others for their rights and the rights one can feel are downgraded -> Political impact.
- An opportunity for young people to maintain friendships from patient stays at Geilomo and Valle Marina.
- Opportunity to participate in and arrange professional courses, social activities and actions around the country -this could be anything the members wishes.
- Opportunity to launch completely new project ideas -> What should NAAF do to be more focused on young people and the future? What should NAAF focus on, seen with young eyes?
- Provides opportunities for organizational and board experience that will be worth a lot when applying for future studies or jobs.

In order to maintain activities and offers for young people around Norway, it is important to have an active NAAFU. If this sounds

exciting, or if you have any questions, please contact the board of NAAFU at naafu@naaf.no or the organization adviser/youth consultant, Alexei Smirnov at 452 32 784 or alexei.smirnov@naaf.no.